**A Study on Effectiveness of training programs at State Bank of India**

Jagan M1, Vetri Prabhu T2

1MBA Student, School of Arts, Humanities and Management, Jeppiaar University, Chennai, India.

2Assistant Professor, School of Arts, Humanities and Management, Jeppiaar University, Chennai, India.

[1jaganjagzz247@gmail.com](mailto:1jaganjagzz247@gmail.com)

[2vetriprabhu.coo@gmail.com](mailto:2vetriprabhu.coo@gmail.com)

**ABSTRACT**

This study looks at how well State Bank of India (SBI) training initiatives improve worker performance, skill growth, and general job satisfaction. In order to keep staff members abreast of regulatory changes, technology breakthroughs, and best practices for customer care, training is an essential component of the banking industry.   
A mixed-methods approach is used in the study, which includes surveys and interviews with trained SBI personnel. Training results are evaluated through the analysis of key performance metrics, including employee engagement, productivity, and knowledge retention. The research also looks at issues with training implementation, such learning approaches' efficacy, relevance, and accessibility.

Findings indicate that well-structured training programs significantly contribute to improved job performance, confidence, and career progression. However, gaps in training frequency, customization, and practical application are noted. The study suggests strategic improvements in training modules, incorporating digital learning tools, and personalized development plans to enhance training effectiveness. This research provides valuable insights for HR professionals and policymakers in the banking sector, emphasizing the importance of continuous learning and development for organizational success.

**INTRODUCTION**

Training and development play a vital role in the growth and efficiency of any organization, particularly in the banking sector, where employees must continually adapt to evolving financial regulations, technological advancements, and customer service expectations. The State Bank of India (SBI), as one of the largest public sector banks in India, invests significantly in employee training programs to enhance productivity, improve service quality, and ensure compliance with industry standards. This study aims to assess the effectiveness of SBI’s training programs in equipping employees with the necessary skills and knowledge to perform their roles efficiently. It seeks to evaluate how these programs impact employee performance, job satisfaction, and overall organizational effectiveness. Additionally, the study explores potential gaps in training methods and provides recommendations for enhancing training delivery. By analysing employee feedback, performance metrics, and training methodologies, this research will provide valuable insights into the strengths and areas for improvement in SBI’s training initiatives. The findings will serve as a guide for HR professionals and policymakers to refine training strategies, ensuring they align with organizational goals and employee development needs.

**REVIEW OF LITERTURE**

According to Armstrong (2014), training and development are crucial for improving employee efficiency, reducing errors, and enhancing customer service quality. In the banking industry, where technology and regulations frequently change, continuous training ensures that employees remain competent and up to date.

Gupta and Sharma (2018) studied the effect of training programs in Indian banks and found that well-structured training improves employees’ technical skills, communication abilities, and job satisfaction.

Similarly, a study by Khan et al. (2020) highlighted that training significantly contributes to employee motivation and productivity, leading to better organizational performance.

Research by Das and Reddy (2019) on training programs at SBI revealed that while employees found the training useful, there was a need for more practical, hands-on learning. The study suggested that digital and on-the-job training methods were more effective in enhancing employee skills compared to traditional classroom-based training.

A study by Mehta (2021) in the Indian banking sector indicated that customer satisfaction is directly linked to the effectiveness of employee training. Well-trained employees provide better service, handle customer queries efficiently, and contribute to increased customer retention. Despite the benefits, various studies highlight challenges in training effectiveness.

Singh and Verma (2017) identified that a lack of personalized training, outdated course materials, and time constraints often reduce the impact of training programs. Another study by Nair (2022) emphasized the need for continuous assessment and feedback mechanisms to ensure long-term training effectiveness.

Kirkpatrick’s Four-Level Training Evaluation Model (1994): This model assesses training effectiveness based on four levels—reaction (employee satisfaction), learning (knowledge gained), behaviour (application on the job), and results (impact on organizational performance).

**STATEMENT OF THE PROBLEM**

Training and development play a crucial role in enhancing employee performance and organizational productivity. At State Bank of India (SBI), various training programs are conducted to equip employees with the necessary skills, knowledge, and competencies required for their roles. However, the effectiveness of these training programs remains a critical area of assessment. Despite significant investments in training, questions arise regarding their actual impact on employee performance, job satisfaction, and overall organizational efficiency. Are the training programs adequately addressing skill gaps? Do employees find the training sessions relevant and applicable to their daily tasks? How does training influence productivity, customer service, and overall job performance? This study aims to evaluate the effectiveness of training programs at SBI by analysing employee feedback, performance improvements, and organizational outcomes. The findings will help in identifying strengths and areas for improvement in SBI’s training initiatives, ensuring that they contribute effectively to both individual and institutional growth.

**OBJECTIVES OF THE STUDY**

1. To evaluate the impact of training programs on employee performance – Assess how training enhances employees' skills, knowledge, and job efficiency.

2. To analyse employee perceptions and satisfaction with training programs – Understand employees' views on the relevance, quality, and applicability of the training sessions.

3. To measure the effectiveness of training in improving customer service – Examine whether training programs contribute to better customer interactions and service delivery.

4. To assess the role of training in career growth and job satisfaction – Determine how training influences employee motivation, career development, and job retention.

5. To identify gaps and areas for improvement in SBI’s training programs – Highlight weaknesses and suggest recommendations for enhancing training effectiveness.

6. To analyse the return on investment (ROI) of training programs – Evaluate the cost effectiveness of training initiatives in relation to employee and organizational performance.

**SCOPE OF THE STUDY**

1. Geographical Scope – The study focuses on training programs conducted across SBI branches, training centres, and regional offices. It may include employees from different locations to provide a comprehensive understanding.

2. Employee Scope – The study considers employees at various levels, including clerical staff, officers, and managers, to evaluate how training affects different job roles.

3. Types of Training Programs – The research includes various training initiatives such as onboarding training, skill enhancement programs, leadership development, customer service training, and digital banking education.

4. Assessment of Training Methods – The study analyses different training methods, including classroom training, online courses, workshops, and on-the-job training, to determine their effectiveness.

5. Impact Measurement – The study examines key performance indicators such as employee productivity, knowledge retention, job satisfaction, customer service quality, and career growth post-training.

6. Time Frame – The study covers both recent and past training programs to assess long term and short-term impacts on employee performance and organizational outcomes.

7. Limitations and Constraints – The study may be limited by factors such as employee availability for feedback, subjective perceptions of training effectiveness, and variations in training quality across different regions.

**RESEARCH METHODOLOGY**

Research methodology refers to the principles, strategies, and procedures used to conduct a research study systematically. It outlines the overall approach to research, including the selection of research design, data collection methods, sampling techniques, and analysis procedures. A well-defined research methodology ensures the validity, reliability, and accuracy of the findings, making them applicable for decision-making. It can be broadly classified into qualitative and quantitative methodologies, depending on the nature of the study. The choice of methodology depends on the research objectives, the type of data required, and the resources available for conducting the study.

**SOURCES OF DATA COLLECTION**

Primary Data: Primary data is original information collected directly from respondents through surveys, interviews, and observations. It is specific to the research objective and provides firsthand insights.

Secondary Data: Secondary data refers to information collected from existing sources such as books, journals, reports, and government records. It saves time and cost but may not be specific to the research study

**DATA ANALYSIS AND INTERPREATION**

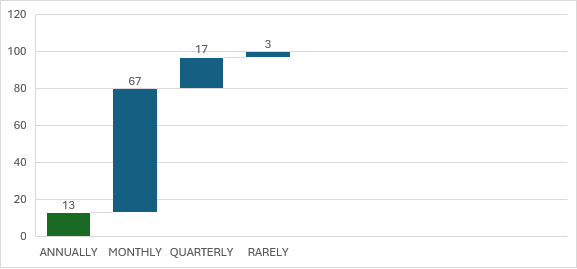
**PERCEPTION OF “A Study on Effectiveness of training programs at State Bank of India”**

1. **Age Respondents**

|  |  |  |
| --- | --- | --- |
| AGE IN YEAR | RESPONSES | PERCENTAGE |
| 18-25 YEARS | 63 | 53 |
| 26-40 YEARS | 26 | 22 |
| 41-50 YEARS | 22 | 18 |
| 51-58 YEARS | 9 | 7 |
| TOTAL | 120 | 100 |

**INTERPRETATION**

The table shows that 53% of responses are from group of between age 18-25, 22% of respondents are from group between 26-40, 18% of respondents are from group between 41- 50, 7% of respondents are from group between 51-58

1. **Training frequency conducted in the organisation of Respondents**

|  |  |  |
| --- | --- | --- |
|  | RESPONSES | PERCENTAGE |
| ANNUALLY | 16 | 13 |
| MONTHLY | 80 | 67 |
| QUARTERLY | 20 | 17 |
| RARELY | 40 | 3 |
| TOTAL | 120 | 100 |

**INTERPRETATION**

This table shows that 67% of respondents prefer monthly options, while 17% prefer quarterly, 13% annually, and only 3% rarely. This suggests a strong preference for more frequent interactions or updates, particularly on a monthly basis.

1. **The Online training effectiveness in the organisation**

|  |  |  |
| --- | --- | --- |
|  | RESPONSES | PERCENTAGE |
| EFFECTIVE | 47 | 39 |
| INEFFECTIVE | 10 | 9 |
| NEUTRAL | 17 | 14 |
| VERY EFFECTIVE | 40 | 33 |
| VERY INEFFECTIVE | 6 | 5 |
| TOTAL | 120 | 100 |

**INTERPRETATION**

This table shows that from the total of 120 responses, that a majority of respondents (72%) view the subject as effective or very effective, with 39% rating it as effective and 33% as very effective. A smaller group, 14%, remains neutral. Only 14% perceive it as ineffective or very ineffective, with 9% rating it ineffective and 5% as very ineffective.

FINDINGS

• A majority of the 120 respondents were aged 18-25, reflecting a significant demographic in the survey.

• Male respondents accounted for 77%, while females constituted 23% of the total survey participants.

• The majority of respondents had 0-2 years of work experience, highlighting a predominantly junior level of professional tenure.

• Bachelor's degree holders comprised 42% of respondents, followed closely by those with a diploma at 26%, and master's degree holders at 30%.

• Majority of 31% of the respondents are middle level employees • Monthly interactions were preferred by a substantial 67% of respondents, indicating a preference for frequent updates or engagements.

• Positive sentiment was expressed by 46% of respondents, with an additional 39% strongly agreeing, indicating a generally favourable outlook among participants.

• Majority of respondents 72% view the online training subject as effective or very effective

• Majority of respondents 84% hold a positive view in skills improvement

• Majority of respondents 54% prefer in-person interactions

• Majority of respondents 34% said there is sometimes an alignment of goals for the employees

• Majority 46% of the respondents said there feel confident in handling tasks after training

• Majority 48% of the respondents said high impact of training on work efficiency

• 33% of the respondents said there are satisfied and neutral with the development programs of the employees

• 42% of the respondents said neutrally they can achieve their career goal

• Majority 49% of the respondents said agree training programs helped you in managing time more effectively

**SUGGESTIONS**

• Offer foundational training modules focused on core banking operations, communication, and customer service. Include learning paths with clear progression for new hires.

• Maintain regular monthly check-ins, feedback sessions, or newsletters to update employees on training opportunities and gather input.

• Continue investing in online platforms but enhance interactivity. Use assessments, live Q&A, and peer collaboration to improve the learning experience.

• Implement a hybrid learning model where key sessions are in-person and follow-up or supplementary content is delivered online.

• Improve transparency in how employee goals link to SBI’s organizational objectives. Use OKRs (Objectives and Key Results) or regular alignment workshops.

• Track performance post-training to validate improvements and showcase success stories to build morale and promote program credibility.

• Offer career counselling, personalized development plans, and clear promotion pathways. Recognize and reward progress visibly.

• Integrate training on leadership, communication, critical thinking, and emotional intelligence—especially important in customer-facing banking roles.

**CONCLUSION**

The present study aimed to assess the effectiveness of training programs conducted at the State Bank of India and their impact on employee performance, skill development, and organizational growth. Based on the data collected and analysed, it can be concluded that SBI has a robust training framework in place that plays a vital role in enhancing the capabilities of its workforce. The findings demonstrate that a majority of the employees perceive the training programs to be highly beneficial in terms of improving technical knowledge, communication skills, customer handling, and understanding of banking operations. The training has also contributed positively to employees’ confidence levels, problem-solving abilities, and overall job satisfaction. Moreover, the study revealed that employees who underwent regular training were more adaptive to changes in banking technologies and regulations, indicating that training plays a crucial role in maintaining operational efficiency and compliance. The programs also help align individual goals with organizational objectives, thereby promoting a culture of continuous learning and professional development. However, there were certain gaps identified in areas such as post-training evaluation, timely follow-ups, and the practical application of training content. Some employees felt that training modules could be more tailored to specific job roles and that a blended approach—combining digital learning with on-the-job training—might be more effective. To sum up, while SBI’s training programs are largely effective and well-received, the bank can further enhance their impact by incorporating regular feedback, updating training content as per emerging trends, and focusing on role-specific skill development. By doing so, SBI can ensure that its human capital remains agile, competent, and aligned with its long-term strategic goals.

**REFERENCES**

Noe, R. A. (2019). Employee Training & Development (8th ed.). McGraw-Hill Education.

Blanchard, P. N., Thacker, J. W., & Ram, V. A. (2018). Effective Training: Systems, Strategies, and Practices (6th ed.). Pearson.

Werner, J. M., & DeSimone, R. L. (2016). Human Resource Development (7th ed.). Cengage Learning. Arora, V., & Talwar, R. (2019). A study on evaluating the effectiveness of training in public sector bank. IUP Journal of Management Research, 18(1), 135-149.

Elnaga, A., & Imran, A. (2013). European Journal of Business and Management. IISTE. Retrieved from <https://www.iiste.org/Journals/index.php/EJBM/article/view/4507>

Wang, X., Xing, Y., Luo, L., & Yu, R. (2018). Evaluating the effectiveness of behaviour-based safety education methods for commercial vehicle drivers. Accident Analysis & Prevention, 117, 114-120.

Cibreva-Jovanovska, A., Buzlevski, B., Dejanovski, A., & Korubin, I. (2016). The effects of the training of human resources in the banking sector in the country on their productivity and effectiveness. TEM Journal, 5(4), 487-491.

Shuibin, G., Benjamin, T., & Naam, Y. D. (2020). An assessment on the impact of training and development on employee productivity in Ghana Education Service, Wa. International Journal of Information, Business and Management, 12(1), 42-55.

Attia, A. M., Honeycutt, E. D., Fakhr, R., & Hodge, S. K. (2021). Evaluating sales training effectiveness at the reaction and learning levels. Services Marketing Quarterly, 42(1/2), 124 139.

Ghosh, P., Joshi, J. P., Satyawadi, R., Mukherjee, U., & Ranjan, R. (2011). Evaluating effectiveness of a training programme with trainee reaction. Industrial and Commercial Training.Retrievedhttps://www.emerald.com/insight/content/doi/10.1108/00197851111111609/full/html

Rodriguez, J., & Walters, K. (2017). The importance of training and development in employee performance and evaluation. World Wide Journal of Multidisciplinary Research and Development. Retrieved from <https://wwjmrd.com/archive/2017/3/1/447.pdf>

Argaw, M. D. (2015). The impact of training and development on employee performance and effectiveness: A case study of District Five Administration Office. Journal of Human Resource and Sustainability Studies, 3(4), Article ID: 61749, 15 pages.