

FOOD RECIPE GENERATION USING AI

Gadhav Vaishnavi Somnath¹, Mohite Nikita Balasaheb², Wayal Saniya Sudhir³,
Chaudhari Samruddhi Shashikant⁴, Prof. S. L. Mali⁵

^{1,2,3,4,5}Sou. Venutai Chavan Polytechnic, Pune, India.

ABSTRACT

In an era where technology seamlessly integrates into our daily lives, artificial intelligence (AI) is transforming the way we approach food and nutrition. This project, titled "Food Recipe Generation using AI," presents an innovative AI-driven solution for automatic recipe generation. By leveraging deep learning and image recognition, we have developed a Flask-based web application that enables users to identify food items and receive relevant recipes with ease.

Our system employs a Convolutional Neural Network (CNN) to analyze images of prepared dishes or individual ingredients captured through a mobile phone camera or uploaded via a web browser. Upon recognizing a dish, the AI suggests a corresponding recipe. Additionally, users can scan a set of ingredients—such as vegetables or other food items—and the system intelligently generates potential recipes that make the most of the available ingredients.

By combining deep learning, image processing, and natural language processing, this project enhances culinary creativity while also addressing practical concerns such as minimizing food waste. With its ability to recommend recipes based on real-time ingredient analysis, this AI-powered tool not only simplifies cooking but also encourages healthier and more resourceful meal preparation.

1. INTRODUCTION

Food is an essential part of our lives, influencing not only our health but also our culture and daily routines. With the rise of digital technologies and artificial intelligence (AI), there is an increasing demand for smart solutions that make cooking easier, more enjoyable, and resource-efficient. In today's fast-paced world, many individuals struggle with meal planning, often unsure of what to cook with the ingredients they have on hand. At the same time, food waste remains a global challenge. Addressing these issues, this project explores how AI can transform the way we interact with food by leveraging deep learning for recipe generation.

Our system, "Food Recipe Generation using AI," introduces an innovative AI-driven approach to meal preparation. By integrating advanced image recognition techniques, we have developed a web-based application that can identify food items from images and suggest relevant recipes. Whether users capture a picture of a prepared dish or scan individual ingredients, the AI model analyzes the input and recommends recipes accordingly.

At the core of this system is a Convolutional Neural Network (CNN), a powerful deep learning model trained to recognize various food items with high accuracy. The application, built using the Flask framework, allows users to interact seamlessly with the AI, making it a user-friendly tool for both novice and experienced cooks. Additionally, by enabling users to generate meal ideas based on available ingredients, the system promotes sustainable cooking practices and helps minimize food waste.

By combining deep learning, image processing, and natural language processing, this project highlights the potential of AI in the culinary domain. It not only enhances creativity in the kitchen but also provides a practical, intelligent solution for everyday cooking challenges. As AI continues to evolve, its application in food technology holds great promise for improving convenience, nutrition, and sustainability in modern households.

2. PROBLEM STATEMENT

The problem this project addresses is the challenge users face in discovering new recipes and effectively using available ingredients, particularly when they are unsure of what to cook or how to combine ingredients. Current methods of recipe discovery are often time-consuming and require manual input, making meal planning and preparation a hassle. This project seeks to solve these issues by developing an AI-powered food recipe generation system that allows users to scan images of prepared dishes or raw vegetables to receive instant recipe suggestions. The system will simplify meal planning, promote healthier eating, and reduce food waste by providing personalized, efficient, and interactive cooking solutions.

3. LITERATURE SURVEY

Chen Liu, Yanking Zhang, Sian Hong, "Food Recognition Using Deep Convolutional Network with Transfer Learning", IEEE International Conference on Big Data (Big Data), 2016.

The authors explore the application of transfer learning to food recognition by utilizing pre-trained deep convolutional networks (DCNs). They demonstrate that transfer learning significantly improves the performance of food recognition

tasks, especially when labeled data is limited. The study's findings support the use of transfer learning in the proposed project, where a pre-trained CNN model could be fine-tuned for accurate food identification, leveraging existing models and datasets.

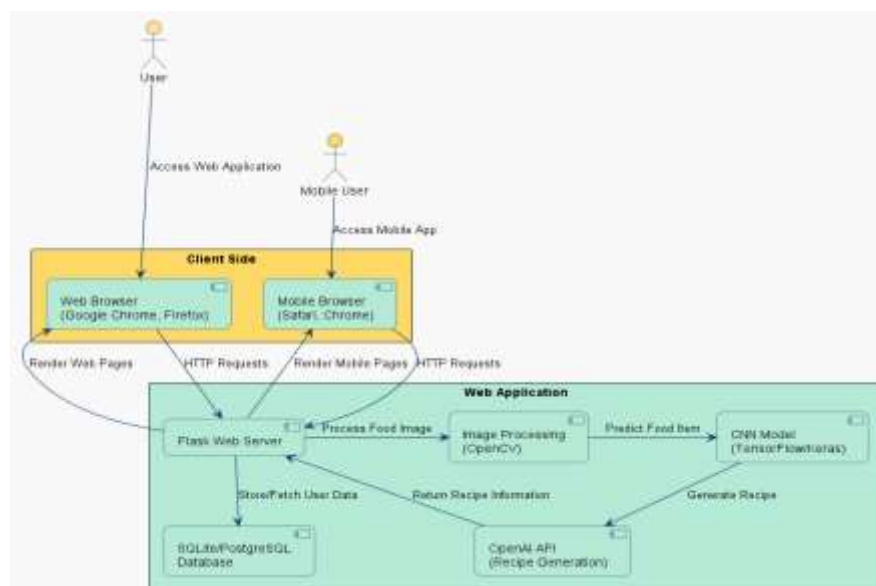
Elahe Arzani, Abolfazl Torfi, et al., "A Survey of Image Processing Techniques for Food Recognition"IEEE Access, 2019.

This survey paper reviews various image processing techniques and algorithms used for food recognition, focusing on traditional methods and deep learning approaches. The authors discuss the strengths and limitations of different techniques, including CNNs, for food recognition tasks. The paper's comprehensive review of existing methodologies provides a solid theoretical foundation for the project, affirming the choice of using CNNs for food identification and exploring their integration with other components such as calorie estimation and recipe generation.

Problem Solution: Our project, "Food Recipe Generation using AI," uses AI to make meal planning easier. By simply scanning a photo of your food, the app identifies ingredients and suggests recipes. It also generates recipe ideas based on what ingredients you have, helping reduce food waste and encouraging healthier meals. This AI-powered tool simplifies cooking and makes meal prep more efficient and creative.

Scope of project: The scope of this project is to revolutionize meal planning by using AI to generate recipes based on food images. It helps users identify ingredients, discover new recipes, and minimize food waste. The system can be used by home cooks, chefs, and even food businesses to enhance efficiency and creativity in the kitchen. With future advancements, it can integrate with voice assistants, suggest personalized meal plans, and provide nutritional insights. This AI-driven approach makes cooking more convenient, resourceful, and sustainable for individuals and communities alike.

4. SYSTEM ARCHITECTURE



5. CONCLUSION

In conclusion, our AI-powered recipe generation system transforms the way people approach cooking by making it easier, smarter, and more sustainable. By using deep learning to identify food from images and suggest recipes, the system helps users make the most of their available ingredients while reducing food waste. The user-friendly web application ensures seamless interaction, making meal planning effortless for both beginners and experienced cooks.

As AI continues to evolve, this project paves the way for more intelligent and personalized cooking solutions, ultimately enhancing convenience, creativity, and sustainability in everyday life.

6. REFERENCES

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